

ACTIVATE
COAST & GREENSPACE

Wimborne Orienteers Wessex O Club



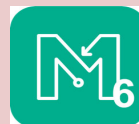
MapRun-Spring- Summer 21

What is MapRun?

MapRun is a race around a course with no set route. It is both a physical and mental challenge with the aim being to navigate between fixed control points marked on a unique Orienteering map in the quickest time by deciding the best route for you. You can walk, jog or run fast - its your choice. This flyer details the MapRun league series, a Free 9 day inclusive week of places to visit and take part, as well as the Activate Coached sessions for summer. There's never been a better time to get Orienteering



You just need to Download MapRun6 onto a smart phone and your ready. Qualified coaches will be on hand to give help and advice at the Activate events. There will be also be suitable courses for all ages and abilities - especially juniors and families as well as full length adult courses using MapRun. Costs - Sessions cost £6 for adults and £3 for children (under 16) including a map. Car parking charges may apply at some venues. Suitable active clothing and footwear will be required.



Maprun 9 Day Week fixtures across Dorset:-
Sat 17th- Sun 25th April - Poole-Baiter and Park
Sat 24th-Sun 02 May - Blandford- St Marys
Sat 01th- Sun 09th May - Hyde & Gorley Commons
Sat 08th- Sun 16th May - Canford Heath Urban
Sat 15th- Sun 23rd May - Christchurch Urban
Sat 22nd-Sun 30th May - Canford and Merley
Sat 29th- Sun 06th June- Tisbury Dorset
Sat 05th- Sun 13th June - Broadstone and Hillbourne
One Day Events with Coaching and helpers
All these sessions start at 10.30 AM and finish at 1.00pm
Sat 26th June - Blandford Milldown
Sat 03rd July - Potterne Park
Sat 17th July - Moors Valley Country Park
Sat 07th August - By-the-Way Wimborne
Sat 04th September - Willow Walk Wimborne
Wed 21st August - Sturminster Newton

Please book onto these through Website or call 01425 480811 before to help us manage numbers. These events will have short courses with Maps and E-Timing provided.

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To book and for full information visit www.moors-valley.co.uk find>Activate coached sessions and>Maprun/ Club League pages of www.wimborne-orienteers.org.uk www.wessex-oc.org also on FB and Twitter

