



WESSEX ORIENTEERING CLUB

28th Dorset Delight, Cold Harbour

Sunday 15th October 2017

FINAL DETAILS

Location Cold Harbour, Wareham Forest, Dorset

Parking and Assembly

Parking is on a gravelled/tarmaced car park of the Wareham Forest Commission offices. The entrance will be signed off the Wareham-Bere Regis road at GR SY905894. Nearest Post Code is BH20 7PA and signs will direct you into the car park The Assembly is within the car park.

There will be a car parking fee of £1.00 per car. Please have this exact amount ready for collection as you enter.

The Forestry Commission have asked us not to park of the heather verges of the car park as these are important reptile habitats. We want to use this site again, so please remain on the hard surfaces of the car park and avoid the areas taped off.

Toilets will be located in the Assembly area

First Aid will also be located in the Assembly Area. The nearest A&E hospital is Poole Hospital Longfleet Road, Poole, Dorset BH15 2JB Tel: 01202 665511

<u>Start and Finish</u> The Start is approximately 250m from Assembly (follow the tapes), and the finish is close to the start.

Dogs are allowed in the forest BUT MUST BE KEPT UNDER CONTROL AT ALL TIMES AND NOT IMPEDE COMPETITORS. In the Assembly area, dogs must be kept on leads.

Map and Terrain

The map is 1-10000, updated Summer 2017, on waterproof paper Please note: The contour interval is **5m**

A4 size maps for White, Yellow, Orange, and Light Green

A3 for all the longer courses.

Special map symbols:

Green circle – distinctive tree Brown cross – root stock Black cross – hide or man made feature Power lines are NOT mapped; however pylons are mapped as a tower (black circle on a black plus sign) Marsh surrounded by a black line are uncrossable, do not attempt to cut corners as the marsh is deep!

<u>Terrain</u>

Cold Harbour is the SE part of Wareham Forest and has not been used for orienteering since 2008. The southern part of the map is mainly areas of coniferous plantation interspersed with open heathland. To the north the map is more open with large cleared areas. The whole map is divided down the middle by Morden Bog, one of the largest valley mire habitats in England. The dry heath slopes in the north of the reserve contain some of the older heather plants found in Dorset.

Morden bog is a National Nature reserve, a Site of Special Scientific Interest (SSSI) as well as a protected habitat for birds. It is protected for its insect fauna (dragonflies), its plants (such as bog asphodel) and its carnivorous plants (such as sundews and bladderwort). The dry heath is important for birds (woodlark and nightjar) and several species of reptile.

Owing to the national significance of the site, limited access has been provided to the important bog habitat. It is also too deep for foot orienteering. As a result the shorter courses remain in the complex topography in the south of the site, with only the longer courses heading north. It is important that only the three crossing points over the bog are used, for your own safety and to ensure we can orienteer at Cold Harbour again. There are some areas of gorse and quite dense undergrowth but courses have been planned to avoid these. The longer courses may cross fences that have some barbed wire, please take care. Remember to also check yourself for ticks after the event.

As usual all competitors MUST report to download even if they do not finish their course. ALL competitors are advised to carry a whistle. The wearing of cagoules may be required, dependent on the weather conditions. Advisory notices will be displayed in the Assembly area.

<u>Courses</u>

The following courses are available:

COURSE	LENGTH	CLIMB	CONT	COURSE	LENGTH	CLIMB	CONT
White	1.7 km	20m	11	Sh Green	3.5 km	95m	13
Yellow	2.2 km	30m	11	Green	4.4 km	135m	16

Orange	2.8 km	60m	10	Blue	7.8 km	155m	18
Lt Green	3.4 km	65m	12	Brown	9.9 km	205m	22

There will also be a free **String** course very close to the Assembly Area.

Registration:	10.00 – 12.00
Start Times:	10.30 – 12.30

(Note: if you think you might take 2 hours or more, we would appreciate it if you started sooner rather than later!)

COURSES CLOSE AT 14.30

SAFETY BEARING: head west which will bring you back through the heath/ forest to the road at its edge. However if you are on the east side of the marsh, please find the crossing place.

Procedure on the Day

The procedures for the competitors are as follows

For people who have not pre-entered:

- 1) Entry on Day form given out on entering the car park. Complete the form and then go to Enquiries/EOD Tent/Dibber Hire tent
- 2) Hire S.I. Dibber (if required) £1 per dibber, £30 charge for lost dibber
- 3) Go to Registration Tent
- 4) Go to start between 10.30 and 12.30

For people who have pre-entered but require a Dibber:

- 1) Collect allocated S.I. dibber at Enquiries/EOD/Dibber Hire Tent
- 2) Go to start between 10.30 and 12.30

For people who have pre-entered with their own Dibber:

1) Go to start between 10.30 and 12.30

NOTE: NO ALLOCATED START TIMES ARE BEING GIVEN. SIMPLY GO TO THE START WHEN YOU ARE READY AND TAKE THE NEXT AVAILABLE TIME SLOT FOR YOUR COURSE.

Entry on the day

Entry on the day is available while map stocks last.

Entry on the Day Fees.

BOF Seniors	£10.00
Non BOF Seniors	£12.00
Juniors	£4.00
Senior novices	£6.00 (White, Yellow or Orange)
Dibber hire	£1.00 (£30 charge for any lost Dibber)

Control Descriptions

These will be printed on the maps and available loose in waterproof paper pads in the start lanes.

White and Yellow courses will have text descriptions and the Orange course will have text loose descriptions but pictorial descriptions on the map.

Cancellation

In the event of severe weather, information as to whether or not the event will go ahead will be placed on the WSX website <u>http://www.wessex-oc.org</u>

The club reserves the right to retain part of the entry fee to cover incurred costs in the unlikely circumstance that the event has to be cancelled for any reason whatsoever.

Caterers: Tom and Julie Wilkinson will be in attendance with their van.

Organiser: Roger Crickmore (<u>roger.crickmore@btinternet.com</u>) (WSX) Planners: Rob Hick (WSX) Controller: John Shucksmith (WIM)