

FINAL DETAILS Sunday, April 11th 2021 Woods, Rushmore Park, Tollard Roy



Chase Woods, Rushmore Park, Tollard Royal Level C

A message from Julie Astin, event Organiser

Welcome to this, the first post-3rd-lockdown event from Wessex, and the first regional event in the South West. We have obviously spent a lot of time considering the safety aspects of the event, bearing in mind the Government and British Orienteering Guidelines. In particular, we aim to ensure that we do everything we reasonably can to keep competitors and volunteers safe. Remember that the focus is on enjoyable orienteering so we hope you have fun but above all be considerate of others during your run.

In entering this event you have signed up to a Participant Code of Conduct

Everyone taking part must follow the Participant Code of Conduct at all times. The Code of Conduct can be found on the British Orienteering website. The key considerations include:

- Acting as an ambassador for the sport of orienteering at all times and considering how their actions may appear in the eyes of landowners or members of the public.
- Observing social distancing at all times, including keeping their distance from other participants, volunteers and members of the public.
- Using hand sanitizer on arrival and departure.

Anyone who has symptoms of COVID-19, who is living in a household with someone who has a possible or confirmed COVID-19 infection, or who has been asked to isolate by NHS Test and Trace should remain at home. People who are classified as clinically extremely vulnerable can now consider taking safe exercise outdoors and meeting up with one person outside their household; however, it is unlikely that they would be able to safely take part in an organised orienteering event or activity.

Location

Access is at GR: <u>ST959170</u> on the B3081 between Sixpenny Handley and Tollard Royal. (signed Rushmore Golf Club).Follow O signs through the Estate to a track leading east (GR: <u>ST 958201</u>) to the parking field and assembly area (GR: <u>ST 964198</u>)

The access track is narrow with no passing places so competitors are asked not to leave the event Before 12 noon. THEREFORE, ALL COMPETITORS MUST ARRIVE BEFORE 12 NOON.

The Estate is accessible from the north via minor roads but will not be O-signed.

Car Parking/Assembly

Parking is in a large field. Please follow directions from the car parking marshals who have been instructed not to approach cars. Charge included in your entry fee.



Facilities in car park field/assembly area

- Download/ Dibber collection tent
- **Toilets**: Hand sanitisers will be on the outside, so please make use of them before and after touching anything.
- **Tom's Food Wagon:** Contactless card transaction preferred but cash can be taken if necessary. No usual tables and chairs.

- Allan Farrington selling surplus Ultrasports stock
- **Key Drop:** there will be a board with hooks on for you to leave your keys if you wish.

Note - the layout of facilities may be slightly different to that shown.

Entries

Only electronic pre-entry by fabian4. Closing date 23.59 Monday 5th April. NO LATE ENTRIES OR EODs

BOF Seniors £10 Non-BOF Members £12 Juniors £5 Senior Novice (up to Orange) £5

Dibber Hire: Seniors £1 Juniors Free £30 if lost

SIAC Hire: £2.50 £65 if lost

NOTE: Hire dibbers will be sanitized and pre-bagged and labelled for collection at the Download tent (see diagram in Finish and Download section below)

Refund Policy WSX will offer a full refund to anyone who needs to withdraw their entry because they or a member of their household has COVID-19 symptoms, or because they have been asked to isolate by NHS Test and Trace. If WSX needs to cancel the event it will offer a refund of the entry fee, less the admin charge imposed by the entry system provider plus any expenses already occurred by WSX.

Hygiene and Courtesy Notes

- Disinfectant: there will be hand sanitisers and disinfectant spray at key places, but please bring your own if you wish
- PPE: Bring your own if you require it
- Touching: please minimise touching anything unless you have to.
- Competing: On tracks/paths keep 5m or more behind or pass quickly. At control sites do not touch the control and do not hang around it after punching.
- Download: Ensure you are drip and spittle free before approaching download.

Chase Woods is owned by the Rushmore Estate and is open for public access. Please be considerate to dog owners, horse riders, mountain bikers, walkers, etc. maintaining social distance at all times. Continued use of this area relies on us keeping the public AND the Estate happy. **Take particular care in areas of felling. Please don't climb on any felled tree trunks.**

Lone Runners

If you have travelled alone, we advise you to leave your vehicle registration and ICE (In Case of Emergency) contact details in an envelope at the Download tent.

Medical Conditions

We recommend you download and complete the *British Orienteering* form:

https://www.britishorienteering.org.uk/images/uploaded/downloads/officials_handbook_safety_firstaid_m edical form

Place it in a sealed envelope with your name on the outside and leave it at the Download tent. Envelopes will only be opened if required for a medical emergency and unopened envelopes will be destroyed immediately after the event.

First Aid

First Aid of a limited nature is provided by club First aiders, located in the car park field. Injured competitors will be encouraged to conduct self-help/self-clean, with first-aid materials provided. There will be a basic First Aid kit at the Finish.

The nearest A & E Hospital is: Odstock, Salisbury, SP2 8BJ 01722 336262 A map showing its location is available at the First Aid station.

Planner's Notes and Terrain

Chase Woods (part of the Rushmore Estate to whom we are very grateful for permission to hold this event) is part of Cranborne Chase and is an ancient woodland, straddling the Wiltshire and Dorset border. It was once owned by General Pitt Rivers, and was a hunting woodland of King John in the early 13 th century. It is still home to many deer, mainly fallow. Some areas have previously been fenced off to keep deer out but these areas have now largely been opened up and have

never been used for orienteering. The wood is mostly deciduous with some large, old trees and in April will have a rich display of spring woodland flora (lots of wild garlic, dog's mercury and early bluebells). There are areas of coniferous, and a "distinctive tree" is usually marked because it is distinct from all the other trees in that woodland compartment. There has been some felling and thinning in recent months during the last lockdown but most courses largely avoid these areas. Where felling has recently occurred (since December) there are some unmapped extraction paths. It is obvious where felling has occurred as the cut trunks remain. Please be careful negotiating these.

COURSES

	Length (km)	Climb (m)	Controls	Start	Map Size
Brown	9.1	215	22	В	А3
Blue	7.3	140	17	Α	A3
Green	5.3	105	13	В	А3
Short Green	4.1	70	12	Α	A3
Light Green	4.1	90	13	Α	A3
Orange	3.2	45	9	Α	A4
Yellow	2.2	35	9	Α	A4
White	1.6	15	8	Α	A4

Take care and check your control codes when punching.

White and Yellow Courses

You may study your map, with overprinted course in the Start lane, before you begin your course. There will be a small number of happy/sad faces on some parts of these courses to aid competitors.

Out of Bounds Areas

Please do not enter any of these areas.

Map 1:10000. 5m contours

Map history: Surveyed by Richard Armand and Bill Brown (Wessex OC) in October 2001.

Resurveyed by Julie Astin September – December 2020

Cartography by Bill Brown using Ocad v11.

Due to ongoing thinning and felling since the main period of updating not all of this has been mapped. Where felling has recently occurred (since December) there are some unmapped extraction paths. All maps are on waterproof paper with course details and control descriptions on the front.

Control Descriptions

Due to Covid19, control descriptions will only be on the maps on the day. There will be no loose copies in the start lanes. From Tuesday 6th April, loose control descriptions can be downloaded from http://www.wessex-oc.org.uk/events/event/rushmore/

White and Yellow courses will have written descriptions.

All other courses (including Orange) have IOF pictorial control descriptions.

<u>Start and Start Times - SI Timing</u>
There will be two separate, but adjacent, Starts (A and B) both on the eastern edge of the car park field. See Course details above for which Start you are in.

Just before you enter the Start area there will be a SIAC Battery Test box for those using SIAC dibbers.

Mixed SI and SIAC contactless punching. You are encouraged to use a SIAC if you have one – if you have entered with an SI card but use a SIAC instead, this is not a problem - come to troubleshooting/download and it can be amended.

You have been allocated a Start block time.

Make sure you go to the correct Start (A or B) for your course. Only approach your Start when your start block commences - don't crowd around the entrance to the start funnel - maintain social distancing. There will be a maximum of 15 competitors starting in each 15-minute block, so there will be plenty of slots available.

In order to comply with current guidelines there will be a number of different features in the Start procedure:

At each Start:

- There will be just one lane, with an extra-large grid for each minute to maintain social distancing.
- No more than one competitor will be allowed to start in any minute except members of the same household, provided of course they are all in the same start block and on different courses. This may help parents with young children.
- There will be a sanitiser station at the entrance to the Start system for competitors to use on their hands.
- The Clear, Check and SIAC Test boxes will be on stakes in the Start system. It is the competitor's responsibility to ensure that they use each one correctly. The Clear and Check MUST be physically dibbed by ALL competitors; the SIAC Test just swiped by SIAC dibbers.
- There will not be any control description sheets in the Start system.
- There will be no blank map in the start lane.
- It will be a punching Start for ALL competitors: everyone must 'dib' into the Start box to record their start
- Ensure that you take the correct map and don't touch any others.
- Move away from the map boxes immediately

SI Failure

If during your race the SI box fails, the back-up pin punch attached to the kite must not, for Covid-19 reasons, be used. A failed SI box will not result in your disqualification.

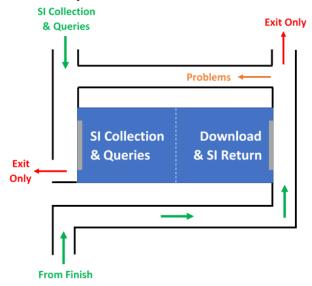
Note: SIAC users are responsible for ensuring a contactless punch has registered. If there is no optical/acoustic feedback from the SIAC, the punch has not registered and the box should be punched manually like a standard SI Card.

Finish and Download

- There will be one Finish for all courses. This is near the SW corner of the assembly field.
- ALL COMPETITORS TO DIB THE FINISH INCLUDING SIAC COMPETITORS.
- Do NOT gather at the Finish in groups. Quickly return to the assembly field, where there is more space.

Download will have two options:

- All competitors to download at the right-hand end shown on the diagram below ('Download and S.I.Return). This will be manned but you are asked to tear off your own results printout. Hired dibbers to be placed in the box provided.
- If there is a problem with your result, please progress round the outside of the tent to the other end where the problem will be resolved.
- Do not touch the printer or the download station if at all possible.



Course Closure Time

This is planned to be at 3.15pm. To avoid any useless search operation, you must report to Download, even if you do not complete your course.

Dogs

Only well-behaved dogs on a lead in the car park.

<u>Safety</u>

- Orienteering is an adventure sport: A comprehensive risk assessment for the event has been prepared and identified risks have been mitigated, however please be aware that participants take part at their own risk and are responsible for their own safety during the event. Parents are responsible for their children and advice is available on request about the suitability of the course that their children may have entered. Please report any accidents and injuries ON THE D# ne organiser.
- Wood Piles there are a number of these in the area. They must not be climbed over.
- **Emergency:** All maps are overprinted with the organiser's telephone number.
- Full body cover is compulsory but short sleeves are OK.
- If the weather is poor we may also require you to wear a cagoule.
- **Safety Bearing:** is west or east, depending on which side of the central large track you are. Head to this track (which runs NNW/SSE) and then head northward until you near the assembly field.
- **Tics** Could be present in the area. Check over your whole body after competing and again over the next few days, removing any (recommend using an O'Tom tick Twister tool) without delay. If bites develop a rash or become inflamed, obtain medical advice. Tick bites could be a source of Lyme disease.

Ash Dieback Precautions

Please arrive with all kit cleaned following use at any previous orienteering event, as per *British Orienteering* guidelines on Ash Dieback precautions.

Results

Due to covid restrictions there will be no results screens or result printouts on the day. These will be available after the event on our website.

Personal Data

The **personal data** you give will be used by the event organisers and their agents only for the purpose of processing and publishing the event entries and results, for conducting safety checks and to validate *British Orienteering* insurance cover.

<u>Acknowledgements:</u> special thanks to the Rushmore Estate who have kindly allowed us to use this lovely wood. Thanks also to Ian Peirce, the Controller, for completing his role in a very limited amount of time.

Officials

Organiser: Julie Astin (julie.astin14@gmail.com) Planner: Jolyon Medlock (WSX)

Controller: Ian Peirce (SARUM)

CANCELLATION OR LAST MINUTE CHANGES

Check website http://www.wessex-oc.org.uk/events/event/rushmore prior to travelling in case of any last minute changes.