

WESSEX ORIENTEERING CLUB

Purbeck Weekend of Orienteering (Regional) 21st/22nd October 2023 FINAL DETAILS

INFORMATION FOR BOTH DAYS

Weekend Co-ordinator: Julie Astin - julie.astin14@gmail.com

Directions:

- Competitors travelling from the east may wish to use the chain ferry at Sandbanks to avoid driving around Poole Harbour. Toll charges can be found here: https://www.sandbanksferry.co.uk/tolls/
- From the Sandbanks Chain Ferry, follow Ferry Road to Knoll Beach, signed off to your left.
- Competitors travelling from the west: From Corfe Castle, take the B3351 towards Studland for 5
 miles. Just after the Knoll House Hotel (on your left) the entrance to Knoll Beach Car Park will be
 signed on the right.

Parking:

National Trust Car Park, Knoll Beach, Studland BH19 3AQ. GR: SZ 034 828 GPS: 50.645235, -1.953777 What 3 Words: situated.stun.dubbing

There will be no Car Parking team, so please find yourself a space and obtain a ticket at the NT machines. If you are NT members parking is free, however, you will need to scan your card at one of the machines and display your ticket. For non-members, the fee can be paid by cash or PaybyPhone app only.

There is a running event taking place on Sunday morning but this should not conflict with our event, although the car park and cafe may be fuller than usual.

Enquiries and Download:

There will be no WSX tents erected; instead, we will be using a small covered area outside the Knoll Beach Cafe. Hire Dibbers, pre-ordered buffs, Corfe maps, key drop and medical form drop will be at Enquiries.

Assembly Area:

The NT have stipulated that NO CLUB BANNERS/TENTS MAY BE ERECTED.

SI Electronic Punching:

SI will be used for this event and controls are SIAC-enabled. There will be a SIAC Battery Check box situated near Enquiries/Download.

Please check you are using the SI number you entered with.

If you need to change the number, please inform DOWNLOAD before your run.

Procedure:

- Competitors with their own dibber may go straight to the START.
- PLEASE ENSURE YOU KNOW WHICH COURSE YOU'RE RUNNING. THERE WILL BE NO START LIST.
- Competitors who have hired a dibber should collect it from Enquiries...
- If you wish to change your course, please visit Download <u>before</u> you run; changes limited to map availability.

Results:

Results will be uploaded to the WSX website: www.wessex-oc.org.uk/results as soon as is feasible after the event. Routegadget will be available for uploading your routes after the event.

Facilities:

- Knoll Beach Cafe serves sandwiches, hot food, drinks and snacks. Only Guide Dogs are permitted inside the cafe.
- The Toilet Block is opposite the cafe.

Corfe Castle MapRun:

There is a <u>60 Minute Score MapRun</u> available at Corfe Castle all weekend. For those who have pre-paid for a map, please collect at Enquiries. Otherwise, you can print off the map from the event page on the WSX website. The event on MapRun (under Dorset events) is 'Corfe Castle Oct 2023'. The Start/Finish are in West Street Car Park BH20 5HH.

Maps may be purchased at Enquiries for £1.

Dogs:

Dogs are not permitted on the courses and must be kept on a lead in the car park.

Medical Issues:

Competitors with pre-existing medical conditions may wish to leave details of their condition, any medication they take and emergency contact details with the Enquiries team. Please place in a sealed envelope which will only be opened in an emergency and which will be destroyed after the event if not collected by the competitor.

The form can be downloaded here: Medical & Contact Details

First Aid:

This will be available at Enquiries and provided by members of WSX OC.

There is a minor injuries unit located at Swanage Community Hospital, Queens Road, Swanage BH19 2ES

The nearest A&E department is Poole Hospital, Longfleet Road, Poole BH15 2JB. Any major injuries must be reported to the Organiser.

Disclaimer:

Orienteering is an adventure sport and competitors take part at their own risk. Please note that personal injury through the normal course of orienteering is not covered by British Orienteering's public liability insurance.

Photos will be taken at this event by an appointed member of Wessex OC in line with the British Orienteering guidance: O-Safe. Objections to this should be lodged with the Organiser in advance.

Cancellation:

In the event of the cancellation due to extreme weather, or other circumstances, a notice will be posted on the club website: http://www.wessex-oc.org.uk/

Wessex Orienteering Club reserves the right to retain part of the entry fee to cover costs already incurred. Details of how to obtain a refund in the event of cancellation will be posted on the website and also sent the email used to enter.

SATURDAY OCTOBER 21ST SW MIDDLE DISTANCE CHAMPIONSHIPS STUDLAND DUNES

Event Officials:

Planner – Andrew Howard (IND); Controller – Karen French (WIM) Organiser – Julie Astin (WSX)

Terrain:

The southern section of the dunes has been recently mapped with intricate contour detail; longer courses will visit the northern parts of the dunes. There are no road crossings.

Expect plenty of controls and heather & dune running, rather than large sandy dunes; the going can be tough, and some areas of gorse are worth avoiding!

The northern area is separated into three parallel dunes, covering 75 hectares. Between these dune heath areas are **impenetrable bogs**, **DO NOT try and cross them!**

- a) you may never be seen again
- b) more importantly, we won't be able to orienteer here again.

Within the southern dunes there are also finger like marshes, again **DO NOT cross these PLEASE**. We have promised the National Trust that we will not enter or cross the marshes; consequently they are **OUT OF BOUNDS (OOB)**.

You should select the fastest route around them. Anyone with boggy feet at the end may get disqualified! The marshes are mapped using the blue marsh symbols. They have not been marked using OOB symbols as the map would be impossible to read. The marshes are not on the optimum route between controls.

The courses have, wherever possible, been planned to avoid too much path running, except when avoiding the main bogs between the parallel dunes.

We have a five-year licence with the National Trust to orienteer here - it would be a great shame if we lost it.

The eastern central edge of the dunes is a popular Naturist beach, and courses have been mapped so that you do not need to pass through this area. On the ground the area is marked with fence posts, but overtime these do not form straight lines. Please try and keep out of this area, and if you see any naturists, politely navigate away from the area. Naturists have a right to be there and we don't have permission to orienteer there. None of the courses below Green will go anywhere near the area.

Also, the dunes are OOB until after you start your course.

Map:

Mapped 2022 (Ben Mitchell). Updated 2023 (Tim Houlder)

Scale: 1:7500

Contour Interval: 2.5m Size: A3 all courses.

- Control Descriptions are printed on the maps and loose copies will be available in the start lanes.
- White and Yellow courses have text descriptions; all other courses have pictorial ones.
- There isn't a full map legend on the maps.
- Competitors on White and Yellow courses may pick up their maps before entering the start lanes.

Courses:

Course	Classes	Length	Start
Black	M21, M35, M40, M18, M20	6.1k	Far
Brown	M45, M50 W21, W18, W20	5.1k	Far
Blue	M55, M60, M16 W35, W40	4.4k	Far
Green	M65, M70 W16, W45, W50	3.5k	Far
Short Green	M75, M80, M85 W55, W60, W65	3.1k	Near
Very Short Green	W70, W75, W80, W85	2.5k	Near
Light Green	M14 W14	2.4k	Near
Orange	M12 W12	1.7k	Near
Yellow	M10 W10	1.8k	Near
White		1.7k	Near

Climb has not been calculated as the area is largely flat, except for the undulating dunes.

There won't be a String Course, but maps for the **Permanent Orienteering Course** on the dunes will be available at Enquiries if parents wish to take youngsters around it.

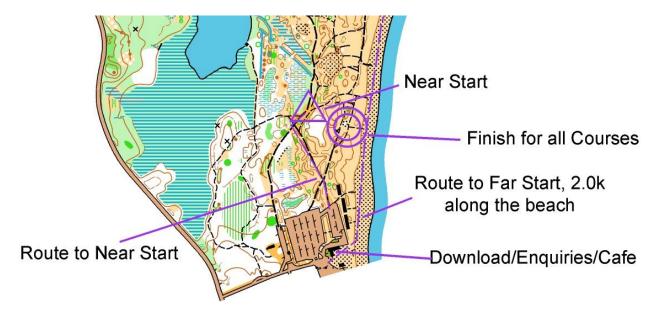
Start:

To make the most of the area, the planner has used 2 starts. Green courses and above will use the northern **Far Start** which will involve a **2 km** walk, initially along the beach before cutting inland. The route won't be tagged along the beach – just keep the sea on your right! – but there will be a sign where you need to turn inland.

PLEASE NOTE: THE WALK ALONG THE BEACH GOES THROUGH THE NATURIST AREA. WE SUGGEST KEEPING NEAR TO THE EDGE OF THE SEA, RATHER THAN BY THE DUNES, SO AS TO CAUSE LEAST INTRUSION.

Courses below Green will use a southern, **Near Start** which is 300m from assembly along the main dune path to the north.

The **Finish** is approximately **350m** from Download.



There is a punching start for both SI and SIAC users. The Starts will be open from 12.00-14.00

YOU ARE RESPONSIBLE FOR CHECKING THAT YOU PICK UP THE CORRECT MAP

Whistles are advisable for all competitors.

In the event of severe weather, the carrying of a waterproof jacket may be compulsory. If the organiser decides to enforce this, a notice will be placed in the car park.

THERE IS NO CLOTHING DUMP.

Safety:

- Other users will be on the dunes, including horse riders who should have been made aware of our event. Please be courteous and considerate at all times.
- If lost, competitors can head E to the beach and then head South to Download at Knoll Beach Cafe

<u>Courses close at 16.00. ALL competitors must punch the Finish control and return to DOWNLOAD</u> <u>even if they do not complete their course.</u> If you do not do this, we may waste a lot of time sending out a search party for you.

SW Middle Distance Championships Winners

The top 3 qualifying competitors in each class can collect their certificates from Enquiries on **Sunday**. In addition, the top 3 on the Junior courses will receive a special SW Middle Distance buff, based on the design of the Studland Dunes map. These can also be collected at Enquiries.

If you are unable to collect the certificate/buff at Enquiries, please ask someone to collect on your behalf if possible, or email your address to julie.astin14@gmail.com, and they will be posted to you.

SUNDAY OCTOBER 22ND SW ORIENTEERING LEAGUE AGGLESTONE HEATH

Event Officials:

Planner: Roger Crickmore (WSX) Controller: Linda Pakuls (WIM) Organiser – Ian Sayer (WSX)

Terrain:

The area is open heathland with scattered patches of gorse and extensive seasonal and permanent marshes. The marshes marked as uncrossable on the map are deep and MUST be avoided. If the weather leading up to the event has been very wet then even crossing the marshes not marked OOB could be difficult and so detouring around them may well be the quicker route.

There are several valleys running south to north that provide some steep, complex contours. Only minimal updating of the map has occurred since the area was last used in 2022. Scattered gorse has not always been mapped, neither have many of the indistinct paths. There are also a few water-filled rectangular pits (where heather has been cut) that have also not been mapped.

Please wear full leg cover and gaiters are strongly recommended.

Map:

Out of Bounds Areas

You will notice on the map that many of the linear marshes and streams caused by water runoff are marked as OOB. This is at the request of the National Trust in order to restrict the footfall on the marshy areas for environmental reasons.

Courses have been planned as much as possible to place the crossings on the direct route between controls and legs. On the map, the lines have been bent around the OOB areas to crossing points where necessary. Please keep to these restrictions to ensure we continue to have access to this area for future events.

Map: Updated 2023 (Roger Crickmore)

Scale: 1:10000

Contour Interval: 2.5m

Size: All courses have A3 maps

- Control Descriptions are printed on the maps and loose copies will be available in the start lanes.
- White and Yellow courses have text descriptions, all other courses have pictorial ones.
- Competitors on White and Yellow courses may pick up their maps before entering the start lanes.

Courses:

Course	Length	Climb
Brown	9.5k	250m
Blue	7.3k	185m
Green	5.2k	100m
Short Green	3.9k	90m
Light Green	3.5k	70m
Orange	3.0k	40m
Yellow	1.9k	30m
White	1.6k	25m

There won't be a String Course, but maps for the **Permanent Orienteering Course** on the dunes will be available if parents wish to take youngsters around it.

Start:

The START will be taped for approximately 800m from DOWNLOAD. The route to the start crosses the road, which will be marshalled, and then through the woods. The Finish is very close to the Start so clothes may be dumped here if needed, but there will be no shelter provided, so suggest putting clothes in plastic bags.

There is a punching start for both SI and SIAC users. The START will be open from 10.30-12.30

YOU ARE RESPONSIBLE FOR CHECKING THAT YOU PICK UP THE CORRECT MAP

Whistles are advisable for all competitors.

In the event of severe weather, the carrying of a waterproof jacket may be compulsory. If the organiser decides to enforce this, a notice will be placed in the car park.

Safety:

- Other users may be on the heath, including horse riders who should have been made aware of our event. Please be courteous and considerate at all times. There may also be other runners on the heath.
- If lost, competitors should head SE which will take them to a large track or road signposted to Studland. Additionally, the large Agglestone Rock is visible from most of the map and from there you follow the track NE (towards the sea) to return to the start/finish area.
- An emergency contact number is on the map.

<u>Courses close at 14.30. ALL competitors must punch the Finish control and return to DOWNLOAD</u> <u>even if they do not complete their course.</u> If you do not do this, we may waste a lot of time sending out a search party for you.

Reminder:

SW Middle Distance Championships Winners

The top 3 qualifying competitors in each class can collect their certificates from Enquiries on **Sunday**. In addition, the top 3 on the Junior courses will receive a special SW Middle Distance buff, based on the design of the Studland Dunes map. These can also be collected at Enquiries.

If you are unable to collect the certificate/buff at Enquiries, please ask someone to collect on your behalf if possible, or email your address to julie.astin14@gmail.com, and they will be posted to you.

In entering this event you have signed up to the British Orienteering Participant Code of Conduct.

We are very grateful to the National Trust and Natural England for allowing us to use these outstanding areas.



