# WESSEX ORIENTEERING CLUB

# Dorset Delight, Coldharbour Sunday 7th January, 2024

# **Final Details**

#### **Event Officials**

Planner Lyra Medlock (WSX)
Controller Kevin Pickering (WIM)

Organiser Rob Hick (WSX) rob.hick@tiscali.co.uk

# **Parking and Assembly**

Is at the Forestry England yard, Coldharbour, Wareham Forest, BH20 7PE.

Grid Ref 906895 What 3 Words ///inhales.buyers.sideboard

## Approaching from the North:

From Bere Regis take the A35 for 1km towards Bournemouth then turn right onto the minor road at 863941. Follow this road South East for approx 5km. Event will be signed of this road on the left.

Approaching form the South:

At the roundabout on the A361 in Wareham, grid ref 921884, take the exit for Wareham railway station. At the second roundabout next to the station head North West on the minor road for approx 2km. Event will be signed on the right.

The Registration/Download/Dibber Collection/First Aid will all be in the Forestry yard.

## **Facilities**

Catering by Smokey Mose Hot Potato. Toilets.

#### **Terrain**

The event uses the southern area of Wareham Forest which is almost all woodland. There has been recent thinning which makes runnability good. The landscape has good topography with many re-entrants so there will be climb. The two main blocks of woodland are separated by Morden Bog which is uncrossable. The courses will have several areas of OOB as courses are not allowed to cross any mires or areas of heathland; this will affect route choice on most courses.

## **Maps and Courses**

The map was updated by Jolyon Medlock, Oct/Nov2023.

- Courses Brown, Blue and Green will be on A3, all other courses on A4. All courses use a 1:10,000 scale map printed on waterproof paper.
- Control descriptions are printed on the map, and loose descriptions will be available in the start lanes.

#### Course details:

Course	Distance (km)	Climb (m)	Controls
Brown	7.6	160	27
Blue	5.9	145	23
Green	4.8	100	18
Short Green	3.0	60	14
Light Green	3.3	70	14
Orange	2.7	55	9
Yellow	1.9	35	10
White	1.6	20	9

#### **Entries**

Pre-entry on Race Sign Up until 6/1/2024. There will be no entry on the day.

BOF Seniors £12.00
Non BOF Seniors £14.00
Juniors £2.00
Non BOF Juniors £4.00

Dibber hire £1.00 (free for juniors, £30 charge if lost)

**Dibber Collection/Enquiries:** From 10:00

**Start times:** 10:30 – 12:30 (Not pre-allocated - Punch & Go)

Courses close: 14:30

## **Electronic Punching**

SI will be used for this event. SI hired dibbers to be collected at registration. Please check you are using the SI number you entered with. If you need to change the number, please inform SI registration before your run to keep download operating smoothly.

# Registration

Runners with their own dibber may go straight to the start.

Runners who have hired a dibber should collect it from Registration.

If you have pre-entered but wish to change your course, please visit enquires **before** you run to check we have the maps available and to correct the numbers.

#### Start and Finish

The start is approximately 350m from the forestry yard and the finish 400m. Both routes will be clearly marked.

There is a punching start with no allocated start times. The controls are SIAC-enabled but the start and finish control must both be punched. The start is open from 10:30 to 12:30 Please bear in mind that **courses close at 14:30**.

# **Download**

All Competitors must report to download even if they do not finish. Please report to download immediately after your run. If you do not report to download, we may send out a search party for you. Courses close at 14:30

#### Results

Results will be displayed on the WSX website within 24 hours of the event finishing. Routegadget will be available for uploading your routes after the event.

#### Safety

If you are concerned about the length of time a competitor has been out, even if courses have not yet closed, please inform a member of the organising team at assembly. If you have notified us of a concern, please ensure we are notified if the competitor then returns and ensure they download as soon as possible.

Competitors with pre-existing medical conditions may wish to leave details of their medical condition including any medication they are taking and emergency contact details with registration in a sealed envelope. This will only be opened in case of emergency and will be destroyed after the event if not collected by the competitor. The form can be downloaded here.

First Aid will be available in the assembly area provided by members of the club. The nearest A&E department is Poole Hospital, Longfleet Rd, Poole BH15 2JB Any major incidents must be reported to the organiser.

#### Disclaimer

Orienteering is an adventure sport and competitors take part at their own risk. Please note that personal injury through the normal course of orienteering is not covered by British Orienteering's public liability insurance.

## Cancellation

In the event of cancellation due to extreme weather or other circumstances a notice will be posted on the club website <a href="http://www.wessex-oc.org/">http://www.wessex-oc.org/</a>

Wessex Orienteering Club reserves the right to retain part of the entry fee to cover costs already incurred. Details of how to obtain a refund in the event of cancellation will be posted on the website and sent the email used to enter.