



Welcome to an adventure around Slades Farm.

Step 1. Download the map.

Step 2. Decide which course you would like to do; Short, Medium or Long.

Step 3. Look on the map for the Start/ Finish point near the zip wire. Go there and check the red/white marker there says 'Start/ Finish'.

Step 4. In the table along the bottom of the map, look for the first letter on your chosen course. Find that on the map. Now decide how you are going to get there and GO! When you get there look for the red and white marker and check the letter is the one you are looking for. If it isn't, go back and try again. If it is, go for the next letter on your course.

Keep going until you get back to the Start/ Finish.

Tips. The secret of good navigation is always to hold your map flat and to have the map turned so that the North arrow on the map is actually pointing to the North.

When you change direction on your course, keep the map set to North, move your body around the set map, this helps to keep you orientated to the whole area you are in.

On Slades Farm the cycle track can be seen from almost anywhere. If you hold the map flat and turn it so the cycle track is where you can see it ahead, then the map will be orientated to the North.

With the map held flat and pointing to the cycle track, look around you. Everything you see should be just where the map shows it. Now you can set off to find your target.

Located near the University in Talbot Woods, Bournemouth.
Click for location map BH10 4EP

Access to the free car park is from Slades Farm road, entrance at either end from Columbia Road, Ensbury Park.

Slades Farm contains the Bournemouth Cycling Centre, the first outdoor banked velodrome built in the U.K, modelled on Manchester and Newport, with very similar 250 Metre dimensions. The area of the park that we use is around this entire facility. There are normal open park spaces combined with wooded areas, a community garden project and a fenced dog exercise area.

Courses of 0.7, 1.0 and 1.4 km are available

Map packs (Approx. £1) are available from the Bournemouth Learning Centre next door where there are also toilets open in the day, and on summer weekends. This café is open at weekends from April to September and is open every day during the summer holidays.
Maps can also be downloaded and printed, as described below.

The park is open all the year, parking is free. There is an excellent children's play area near the car park, the park won a Green flag award for Bournemouth in 2013. The area is also a short walk through Talbot Woods next to the University adjacent to Wallisdown Road.

For more information about other orienteering locations, visit wessex-oc.org.uk
Map Version 200601